



Dr. Lynne Kavulich, D.C., D.A.C.B.N.

American Wellness Care

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Dr. Lynne Kavulich is a Doctor of Chiropractic who also specializes in Anti-Aging medicine and Clinical Nutrition.. In addition, Dr. Kavulich is best selling author of *The World's Best Kept Health Secret Revealed*.

In 1983 Dr. Lynne Kavulich founded American Wellness Care in the Hudson Valley of New York. Clients are offered an integrative approach to the most advanced drugless protocols for peak performance including chiropractic, anti-aging medicine and clinical nutrition.

As chief cytotechnologist at Westchester County Medical Center in Valhalla, NY, her clinical background in pathology continually raised questions on the prevention of disease. Her extensive knowledge of disease and her personal encounter with chiropractic led Dr. Kavulich to become an expert in wellness and anti-aging. In recognition for her graduate studies in electron microscopy, Dr. Kavulich received the Medical Biology Award in cancer research. She graduated with honors and received the Doctorate of Chiropractic degree from New York Chiropractic College.

Dr. Kavulich has been granted Diplomate status by the American Board of Clinical Nutrition. She received post graduate certification by the BioCranial Institute, and in the areas of radiology and sports medicine. Dr. Kavulich conducted research for the FDA in the area of Biomagnetics for neuromusculoskeletal disorders.

In June 2000, Dr. Kavulich was privileged to be one of the first doctors granted Diplomate status by the American Academy of Anti-Aging Medicine. This is the sole medical society dedicated to the advancement of therapeutics related to the science of longevity medicine. She is among 1,000 doctors internationally to receive this honor.

Dr. Kavulich's specialized study in the Anti-Aging field includes a structural and nutritional approach to balancing hormones, serotonin and other brain neurotransmitter levels. This work involves evaluating serotonin and other hormone levels to determine chemical imbalances. Dr. Kavulich is passionate about assisting her clients in changing biochemistry without medication.

Another goal in her wellness practice is to assess biomarkers of aging and cellular health with BioImpedence Analysis and Heart Rate Variability testing. These are methods used to determine your peak performance and cellular aging versus your chronological age. Heart rate variability is a Russian technology used for over twenty years to identify Olympic competitors.

In 1999, Dr. Kavulich established a Children's Foundation for addressing complex health concerns and family wellness programs. She serves on the Advisory Board for the Astor Home for Children and is involved in community service to educate all ages. She lectures in schools and served Marist College in Poughkeepsie, New York as a guest lecturer and as advisory board member to establish a complementary medicine curriculum.

To learn more about Dr. Lynne Kavulich, American Wellness Care, Anti-Aging or Nutrition please visit <http://www.american-wellness-care.com> or <http://feel-great-at-any-age.com>.